

**PRESS RELEASE**  
**FOR IMMEDIATE RELEASE**

January 8, 2014

Contact: Kate Frantz  
Communications Manager  
Leadership Arlington  
4420 N. Fairfax Drive, Suite 102  
Arlington, VA 22203  
703-528-2522, Ext. 11  
[kate@leadershiparlington.org](mailto:kate@leadershiparlington.org)

**Leadership Arlington Graduates 29  
from the Young Professionals Program**

**Arlington, VA** - Leadership Arlington celebrated the accomplishments of 29 up-and-coming leaders during the Young Professionals Program Fall Class of 2013 graduation ceremony at Marymount University on Tuesday, January 7 at 7:00pm.

The Young Professionals Fall Class of 2013 participated in the four-month long program beginning last September that helped them to expand their footprint in the community, connect with established community leaders, develop an awareness of community needs and develop new leadership skills.

"When I first decided to participate in Leadership Arlington's Young Professionals Program, I was unsure if I would find any takeaways towards the end. I am now so pleasantly surprised. By the end of each session, I have pages filled with notes on how I can become a better community member, employee and provider," shared Cindy Rozon, Assistant Director of Resident Services at AHC, Inc. and graduate of the Fall Class of 2013. "What has been the most surprising is how quickly my classmates and I have begun to partner to better serve our clients, especially the individuals who on top of having work commitments, Leadership Arlington sessions and life to balance are donating one hour a week to tutor teens. This is probably one of the best decisions I've made in quite some time, and I know that the lessons and connections I've made will continue to make an impact for a lifetime."

Goals of the Young Professionals Program include philanthropic awareness, civic engagement, leadership skills development and networking. Joe Onyebuchi, Community Development Coordinator for Volunteers of America Chesapeake and graduate of the Fall Class of 2013, declared, "Our demographic does have a voice here in our community. We can really make Arlington what it is and impact how it's seen nationally." As evidenced by Onyebuchi's statement, these leaders were given the opportunity to hone their skills and acquire the resources and knowledge necessary to act as agents of change in their community as a result of the program.



**Congratulations to the Leadership Arlington  
Young Professionals Program Fall Class of 2013!**

**Jeannine Altavilla**, Arlington County  
**Mike Anuskiewicz**, Marymount University  
**Lizette Avellana**, Synetic Theater  
**Samantha Baker**, Ballston Business Improvement District  
**Lily Bryan**, AFAC  
**Jeff Clements**, KBR  
**Nadia Conyers**, Arlington County Government  
**Brett Covington**, Saul Ewing LLP  
**Jane Esworthy**, Spectrum Science Communications  
**Alexa Fox**, Segue Technologies, Inc.  
**Kate Frantz**, Leadership Arlington  
**Betsy Gibson**, Technomics, Inc.  
**Tim Jakubowski**, Consumer Financial Protection Bureau  
**Joanna Janascius**, Bowen McCauley Dance  
**Mahsa Javid**, Artisphere

**Kammy Mann**, Technomics, Inc.  
**Kelly Mathews**, Virginia Heritage Bank  
**Cat Miller**, UberOffices  
**Joe Onyebuchi**, Volunteers of America Chesapeake  
**Kim Painter**, APAH  
**Shawn Pendo**, Arlington County Fire Department  
**Gerald Pierce**, E.G. Reinsch Companies  
**Cindy Rozon**, AHC, Inc.  
**Karen Sullivan**, Arlington Public Library  
**Karly Tomlin**, Virginia Heritage Bank  
**Amanda Tompkins**, Marymount University  
**Allison Tuszynski**, HDMA  
**Ashley Wilkerson**, A-SPAN  
**Rachael Wingfield**, GEARS, Inc.

**About Leadership Arlington**

The mission of Leadership Arlington is to enlighten, inspire and connect leaders to strengthen the community. The vision of Leadership Arlington is a prepared, inspired and inclusive Arlington leadership who together embrace responsibility for the common good. For more information, visit [www.leadershiparlington.org](http://www.leadershiparlington.org) or call 703-528-2522.